



Emerald Coast  
Behavioral Hospital



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OKALOOSA  
OUTPATIENT  
CENTER

*Providing Comfort in Crisis*

**Okaloosa Outpatient Center**

2004 Lewis Turner Boulevard, Suite B  
Fort Walton Beach, FL 32547

**850.226.7893**

850.226.8081 *fax*

[www.emeraldcoastbehavioral.com](http://www.emeraldcoastbehavioral.com)

***Emergency mental health services  
are available 24 hours a day.***

**FOR INPATIENT SERVICES CALL:**

**850.763.0017**

800.543.2919 *toll free*



**TRICARE® CERTIFIED:** TRICARE® is a registered trademark of the Department of Defense, Defense Health Agency. *All rights reserved.*

**CONFIDENTIALITY:** The sensitive nature of personal and family problems demands protection of patient confidentiality. Therefore only the people you authorize will know about your hospitalization, and these people will receive only the information that is necessary for them to continue your care or give you support once you are discharged.

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2004 Lewis Turner Blvd., Suite B, Fort Walton Beach, FL 32547



**When you are struggling with addiction, PTSD, and/or mental illness, it can seem like things will never change. Emerald Coast Behavioral Hospital's Okaloosa Outpatient Center**

**was specifically designed to facilitate healing and recovery for adults from all walks of life.**

If you do not need the structure or security of an inpatient setting, but require a level of care beyond traditional outpatient services, our Intensive Outpatient Program (IOP)/Half Day Partial Hospitalization Program (Half Day PHP)/Partial Hospitalization Program (PHP) is designed for you. Welcome to a new outlook on HOPE at Okaloosa Outpatient Center.

**Our mission is to make a difference in the individuals we serve, and our community**

### **OUR APPROACH:**

- IOP/Half Day PHP groups meet three to five days a week for three hours each session. PHP groups meet five days a week for six hours each session. Length of treatment in the program will depend on the client's specific needs.
- Each client will have an individualized treatment plan to meet their needs and address their goals to prepare them for a successful step-down to less restrictive care.
- Programming is adjusted to facilitate client growth through medication management, individual and family sessions, and group therapy, while emphasizing the development of coping mechanisms to create the best opportunity for relapse prevention.

### **OUR SERVICES:**

Okaloosa Outpatient Center provides a less intensive, less expensive alternative to hospitalization for those struggling with mental health or chemical dependency issues via:

- Intensive Outpatient Program/Half Day Partial Hospitalization Program
- Partial Hospitalization Program for those who need both mental health and chemical dependency
- DBT/CBT/PE/CPT/Seeking Safety
- Individual, family, and group therapy
- Medication management  
*(for individuals enrolled in the IOP/PHP Programs)*
- Licensed psychiatric physician
- Multidisciplinary treatment team
- Licensed registered nurse to provide med education
- Stabilization of conditions that would otherwise result in hospitalization

An assessment and referral specialist is standing by to answer your questions and help you get started - we are here to help.

Call us at **850.226.7893**  
or visit **[www.emeraldcoastbehavioral.com](http://www.emeraldcoastbehavioral.com)**

### **FINANCIAL CONSIDERATIONS:**

At Okaloosa Outpatient Center, we are TRICARE® Certified and accept most private insurances. The cost of treatment depends on your specific needs and will depend on the length of stay and services provided.



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